

Urology Week Is Here!

Call To Schedule Your Appointment



Urology Week: a special time dedicated to raising awareness about the importance of urological health. From **September 26th - September 30th**, we'll be focusing on a range of topics, including common conditions like kidney stones and UTI's, prostate health, bladder care, and more. Our goal is to help you better understand the key aspects of urological health, empower you with preventative tips, and provide valuable insights into available treatments. Prioritizing your urological health is crucial for your overall well-being, and we're here to support you every step of the way.



Common Urologic Conditions

UTI's

Urinary Tract Infection (UTI) is an infection that occurs in any part of the urinary system, which includes the kidneys, ureters, bladder, and urethra. Most UTIs involve the lower urinary tract—the bladder and urethra. UTIs are caused by bacteria, most commonly E. coli, entering the urinary tract and multiplying.

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Kidney Stones

A kidney stone is a hard, crystalline mineral deposit that forms in the kidneys when substances such as calcium, oxalate, and uric acid become concentrated in the urine. These substances can clump together, creating stones that vary in size, ranging from a grain of sand to the size of a golf ball. Kidney stones can develop in one or both kidneys, and they may move into other parts of the urinary system.

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Overactive Bladder

Overactive bladder (OAB) is a condition characterized by a sudden, frequent urge to urinate that is difficult to control. It occurs when the bladder muscles contract involuntarily, even when the bladder isn't full. This can lead to a strong need to urinate, often resulting in multiple trips to the bathroom during the day and night, and in some cases, involuntary leakage of urine (urge incontinence).

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Men's Urological Health



Prostate Cancer

Prostate cancer is a type of cancer that develops in the prostate gland, a small, walnut-sized gland in men that produces seminal fluid, which nourishes and transports

Erectile Dysfunction

Erectile Dysfunction (ED) is the inability to achieve or maintain an erection firm enough for sexual intercourse. It's a common condition, especially in men over 40, though it can

Testicular Health

Testicular health refers to the overall well-being and proper functioning of the testicles, which are the male reproductive organs responsible for producing

sperm. It is one of the most common cancers in men, particularly older men. While some types of prostate cancer grow slowly and may not cause significant harm, others can be aggressive and spread quickly.

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occur at any age. Occasional difficulty with erections isn't necessarily a cause for concern, but when the problem becomes persistent, it may indicate an underlying health issue or be related to emotional or psychological factors.

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sperm and hormones, particularly testosterone. Maintaining good testicular health is essential for male fertility, hormonal balance, and overall reproductive function.

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Women's Urological Health

Pelvic Floor Disorder

Pelvic floor dysfunction is the inability to correctly relax and coordinate your pelvic floor muscles to poop. Symptoms include constipation, straining to poop, having urine (pee) or stool leakage and experiencing a frequent need to pee.

Treatments include biofeedback, pelvic floor physical therapy and medications.

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Interstitial Cystitis

Interstitial cystitis is a chronic condition causing bladder pressure, bladder pain and sometimes pelvic pain. The pain ranges from mild discomfort to severe pain. The condition is a part of a spectrum of diseases known as painful bladder syndrome.

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Testicular Health

Testicular health refers to the overall well-being and proper functioning of the testicles, which are the male reproductive organs responsible for producing sperm and hormones, particularly testosterone. Maintaining good testicular health is essential for male fertility, hormonal balance, and overall reproductive function.

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If you are experiencing any symptoms or concerns, it's important to schedule an appointment with a urologist. Early diagnosis and intervention can lead to more effective treatment and better health outcomes. Don't hesitate to seek help for any issues related to urinary or reproductive health.



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